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JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY KAKINADA
KAKINADA-533003, Andhra Pradesh (India)
(Established by Andhra Pradesh Act No. 30 of 2008)

Lr. No. JNTUK/NSS Cell/9th International Day of Yoga/2023

Date: 19-06- 2023

Dr. L. Sumalatha
M.Tech, Ph.D.,
REGISTRAR

CIRCULAR

Sub: JNTU Kakinada – NSS Cell – Celebration of 9th International Day of Yoga 2023 “
Yoga for Vasudhaiva Kutumbakam” – Regarding.

The programme for International Day of Yoga on 21st June, 2023 is given below:

- 5.45 AM. - Gathering at Students Amenities Centre, Yoga Hall, JNTUK Kakinada
- 6.15 AM - Yoga Session starts (Common Yoga Protocol)

All the Students, Faculty and Staff are requested to attend the International day of Yoga Celebrations at the Students Amenities Centre, Yoga Hall, JNTUK Kakinada on 21st June, 2023 (Wednesday) from 5.45 Am onwards, duly observing the Covid-19 precautions.

Note: All the participants are requested to come with white dress or light color dress along with a Yoga mat / Towel and any other necessary needed requirements.

REGISTRAR
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J.N.T. University Kakinada
Kakinada-533003



GOVERNMENT OF ANDHRA PRADESH
STATE NSS CELL, HIGHER EDUCATION DEPARTMENT
BUILDING NO - 4, 1st FLOOR, A.P. SECRETARIAT, VELAGAPUDI-522 503.

Dr. P. Ashok Reddy

M.C.A., M.Tech., Ph.D.

State NSS Officer

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C.No.31/NSS-3/2023-24, dt: 16-06-2023

To

All the NSS Programme Coordinators in the state of Andhra Pradesh.

Sir/Madam,

Sub:- State NSS Cell, H.E. Dept. – Celebration of International Day of Yoga- 2023 –
Conduction of various Programmes - reg.

Ref:- F.No HRD/IYD/2023-24/903, Govt. of India, Ministry Of Youth Affairs And
Sports (MOYA&S), New Delhi dt:15.06.2023

With reference to the subject cited above, as **21st June** is celebrated as **International Day of Yoga (IDY)**. **9th International Day of Yoga** will be celebrated on **21st June 2023** across the Country under the aegis of the Ministry of Ayush, Govt. of India and this year also the **International Day of Yoga** will be conducted on **21st June 2023** through various activities related to yoga and also requested to organize Mass Yoga Demonstration by all the NSS Units of your university jurisdiction to ensure maximum participation of NSS Volunteers, Students, Faculty and other members of the Institutions.

In this connection, as per the directions of MoYAS, Govt. of India, the State NSS Cell requested to give the directions to all the NSS Units under your university jurisdiction about the conduction of **International Day of Yoga** on **21st June 2023**.

As was done by every year, all the NSS Programme Coordinators requested to carry out various activities like:

1. Mass Yoga Demonstration on Common Yoga Protocol involving Yoga Experts
2. Common Yoga Protocol practice by involving of NSS Volunteers in a large scale
3. Awareness Programmes on Yoga and well being
4. Lecturers/Talks on Yoga by Experts
5. Workshops / Seminars on Yoga
6. Yoga Break (Y – Break) practise
7. Awareness Rallies
8. Debates and any other related promotional programmes
9. Competitions on Yogasanas

Therefore, you are requested to involve the NSS Volunteers of all the NSS Units under your jurisdiction to plan and carry out the above activities/programmes. Also organize College Level/University Level programmes in a befitting manner celebrating the Yoga Day.

You are also requested to send an detailed report along with Geotagged Photographs, videos, paper clipping etc. immediately to the State NSS Office/NSS Regional Directorate, Hyderabad after completion of the Programme.

Fresh guidelines and reporting formats received if any from the Ministry and Directorate will be forwarded immediately to you for necessary action at your end.

Thanking you.

Yours faithfully,



State NSS Officer

Copy to

1. The Regional Director, Regional Directorate of NSS, GOI, Koti, Hyderabad for information.
2. Principal Secretary to the Government, Higher Education Department, A.F Secretariat for information.