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Attachment:UGC Banning Junk Food.docx



ANDHRA PRADESH STATE COUNCIL OF HIGHER EDUCATION
(A Statutory Body of the Government of A.P)
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Guntur - 522 501, Andhra Pradesh
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DR. S. VARADARAJAN
SECRETARY

Lr.No.APSCHE/UMS-999- Banning Junk Food/2018

Dt: 17.09.2018

To

The Registrars of State Universities

Andhra University	Sri Venkateswara University	Sri Krishnadevaraya University
Dravidian University	Sri Padmavati Mahila Visvavidyalayam	Dr.B.R. Ambedkar University
Rayalseema University	Acharya Nagarjuna University	Yogi Vemana University
Krishna University	Vikrama Simhapuri University	JNT University, Kakinada
RGUKT, Nuzveedu	Adikavi Nannayya University	JNT University, Ananthapur
Urdu University		

Sir,

Sub: APSCHE – University Matters Section – Directions of the University Grants Commission – against – availability and sale of against Junk Food in Higher Educational Institutions – Banning Junk Food in the Educational Institutions / colleges – sending – Reg.

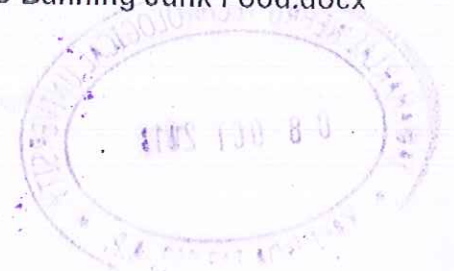
Ref: 1.D.O.No.14-24/20169 (CPP-II) Dt: 21.08.2018 Read with D.O.No.14-24/20169 (CPP-II) Dt: 10.11.2018.

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While referring to the subject and reference cited, I am directed to inform that the University Grants Commission has issued instructions against availability and sale of Junk food in Higher Educational Institutions. Banning junk food in colleges would set new standards for healthy food and make the students live better, and learn better and also reduce the obesity levels in young learners, thus preventing life style diseases which have a direct link with excessive weight.

Accordingly, the University Grants Commission requested all the universities to take necessary action on the following points:

1. To implement measures to sensitize the students on ill effects of junk food.
2. Universities can serve as important data sources on student's health. Information on markers like body mass index (BMI)/percentage of body weight/waist hip ratio etc. can help in creating awareness among students towards their health.
3. Orientation programs for faculty and staff be conducted on health issues.



- Wellness clusters should be created under the Students Welfare Department where counselling should be done regarding proper nutrition, proper exercise and healthy habits. These wellness clusters can also provide psychological support to the students to prevent and reduce the incidence of obesity in young students.

In this background, I am directed to request the Registrars of the Universities to issue necessary instructions to all affiliated Colleges under University jurisdiction and also direct the Principals of the Colleges to implement University Grants Commission instructions strictly in the colleges.

Yours faithfully,


SECRETARY

Copy to

- The Dean CDC of the Universities
 - Academic Cell, APSCHE
- put one of the conditions in the proceedings of AP State Council of Higher Education for sanction of Colleges and courses.