

DECCAN Chronicle

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The eminent Weight Lifting champion Ms. Karannam Malleswari, the first Indian Woman Olympic Medalist, urged the students to focus on games and sports which in turn will help them face challenges and problems in life.

Participating as the Chief Guest in Sports Day celebrations at Jawaharlal Nehru Technological University Kakinada (JNTUK) here on

Tuesday, Ms. Malleswari advised the students to identify the sports that would help them lead a stress-free life. She asked them to accept the failures which were stepping stones for success. She urged them to spend more time on sports and games to strengthen their physical and psychological power and additionally strengthen their concentration levels.
